

- 10.11.2014 **Day 01:** Kathmandu to Bhadrapur by Bus 12 Hours.
- 11.11.2014 **Day 02:** Drive to Taplejung 7 hours (Suketar) over night at Hotel
- 12.11.2014 **Day 03:** Trek to Lingham (1460 m) 5 hours (**or Sinwa** 985 m 6 hours ↑200 m ↓950 m)
- 13.11.2014 **Day 04:** Trek to Sekathum (1650 m) 6 hours (**from Sinwa** 7 hours ↑900 m ↓200 m)
- 14.11.2014 **Day 05:** Trek to Amjilosa (2510 m) 5 hours ↑900 m ↓100 m
- 15.11.2014 **Day 06:** Trek to Phale (3215 m) 6 hours ↑1100 m ↓300 m
- 16.11.2014 **Day 07:** Trek to Ghunsa (3475 m) 2 hours ↑250 m
- 17.11.2014 **Day 08:** Trek to Kambachen (4225 m) 5 hours ↑730 m
- 18.11.2014 **Day 09:** Acclimatization day at Kambachen (4225 m)
- 19.11.2014 **Day 10:** Trek to Lhonak (4815 m) 4 hours ↑750 m **At Tent**
- 20.11.2014 **Day 11:** Trek to Pang Pema (5150 m) 3:30 hours ↑450 m **At Tent**
Trek to Drohmo Ri for views ↑↓800 m (maybe we need extra day)
- 21.11.2014 **Day 12:** Trek to High Camp (??? m) **At Tent**
- 22.11.2014 **Day 13:** Trek to Lhonak (4815 m) 4 hours **At Tent**
- 23.11.2014 **Day 14:** Trek to Ghunsa (3475 m) 6 hours ↓1400 m ↑50 m
- 24.11.2014 **Day 15:** Trek to Sele La Camp (4290 m) 3:30 hours ↑1000 m ↓200 m **At Tent**
- 25.11.2014 **Day 16:** Trek to Tseram (3870 m) 5 hours ↑550 m ↓900 m
- 26.11.2014 **Day 17:** Trek to Ramche (4615 m) 2:40 hours ↑750 m, visit Oktang ↑↓250 m **At Tent**
because very basic tea house
- 27.11.2014 **Day 18:** Trek to Tortong (2995 m) 5 hours ↓1770 m ↑150 m
- 28.11.2014 **Day 19:** Trek to Sherpagaon (1800 m) 5:30 hours ↑540 m ↓1270 m
- 29.11.2014 **Day 20:** Trek to Phungphung Danda (1795 m) 6 hours ↑↓800 m
- 30.11.2014 **Day 21:** Trek to Simbu (1846 m) 6 hours ↑1200 m ↓900 m
- 1.12.2014 **Day 22:** Trek to Taplejung (1820 m) 6 hours ↑↓1000 m
- 2 days left, we can spend it as we wants - in alpine enviroment, for better acclimatization or waiting for weather.**
- 4.12.2014 **Day 26:** Drive to Bhadrapur over night at Bhadrapur
- 5.12.2014 **Day 27:** Take bus (or flight) back to Kathmandu from Bhadrapur.